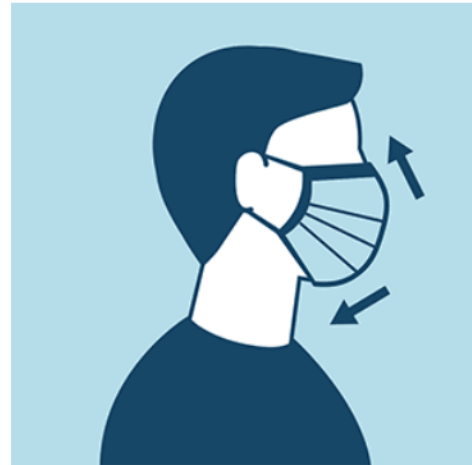




## How to Wear a Cloth Face Covering

Cloth face coverings should:

- **Ensure face mask covers the nose and mouth completely**
  - This is the only effective measure to prevent disease spread. This is most effective when each person is wearing a mask.
- Fit snugly but comfortably against the side of the face so there are no gaps.
- Be secured with ties or ear loops
- Include multiple layers of fabric



## Should cloth face coverings be washed or otherwise cleaned regularly?

Yes. They should be routinely washed in the washing machine with mild detergent, dried in hot dryer and stored in a clean container or bag.

## How does one safely remove a used cloth face covering?

- Individuals should **be careful not to touch their eyes, nose, and mouth** when removing their face covering and **wash hands immediately after removing.**

